

CUPE Local 454 Summer 2022

## **CUPE 454 Bargaining Survey**

## WHEN Now until June 30, 2022

# WHERE Online Here https://www.surveymonkey.com/r/WYX9L2H

### *WHO All CUPE 454 Members*

## Have your say, complete the survey!

Many thanks to Allen Mercado, Dakota Payer, Danielle Rancourt, Jessica Rahman, Kailyn Polelli, Peter Zerbinos and Scott Wilson for volunteering to participate in the 2022 Bargaining Working Group and working on the survey.

The survey results will be provided to the CUPE 454 Bargaining Committee so they know what is important to you, the member.

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### June is...

Summer...
Please take time to enjoy it!

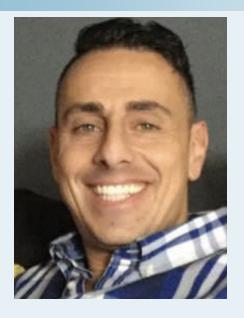


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# Member Spotlight Sam Abulail

- Acting President
- **b** Bargaining Committee

What three words describe you?

Passionate, Ambitious and Dependable

How long have you been a CUPE 454 member? **24 years** 

What do you for Delta when not the Acting President of CUPE 454?

I'm a husband and father of 3 boys aged 20, 17 & 15. I also enjoy playing soccer and golf.

What have you gained from sitting on the CUPE 454 Executive?

I've gained knowledge, support and solidarity in advocating for Improved collective agreements, workplace health and safety, job training and other work related issues.

What are your long-term union goals?

To gain leadership experience and be a voice to advocate for all our members.

Where do you see yourself in ten years? Upon retirement with gratitude and a sense of accomplishment for what has been achieved.

"Two Truths and a Lie" about me

- I had braces for my teeth
- I was The Monkee's Davy Jones for my highschool airband singing Daydream Believer
- I was a young ping pong champion

To find out, you'll need to attend the September Membership Meeting!

### Thank you!

John Gibson, elected President of CUPE 454 and Nick Angrignon, elected Secretary, continue in their CUPE National assignments for the foreseeable future.

The local is lucky to have so many capable members on the Executive who have stepped up to help. Many thanks to Liz Stockdale for doing a great job as Acting Secretary. New Treasurer, Kathleen Chan has worn several hats over the past six months.

Thank you Sam, Kathleen and Liz!

## Mental Health In the Workplace

According to the Mental Health Commission of Canada, 1 in 5 Canadians will experience mental health challenges in any given year, only 1 in 3 actually report seeking treatment. Perhaps you have been personally affected by mental health issues or witnessed the struggle of a co-worker, friend, or family member.

In the coming months you will be hearing more about mental health in the workplace, there is an employer-worker mental health committee hard at work on your behalf.

The way your shifts are scheduled may be a source of anxiety. You may find that you need to take the odd day for mental health reasons, perhaps that should be addressed in leave allotments other than a sick day. How does poor supervisory or managerial skills of your immediate supervisor make you feel? Is your workload burning you out?

There are so many ways in which our workplace can impact our mental and even our physical well-being It is important to find ways to improve our interactions and have resources in place to assist us in the goal of workplace improvements.

Your responses to questions in the bargaining survey are anonymous and confidential. In the survey, you will find questions which provide an opportunity to address mental health aspects in the workplace. We ask you to thoughtfully respond to those questions related to the impact on your mental well being.

Please, take the time to answer the survey questions with your mental well-being in mind as well as the other important issues you face as a union member in the workplace.

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#### **Executive Board & Job Stewards**

Acting President - Sam Abulail

Treasurer - Kathleen Cha

Acting Secretary - Liz Stockdale

1st Vice-President - Jeff Kirkbrid

2nd Vice-President - Sam Abulai

Executive at Large

Inside - Vacant

Outside - Greg Harrison

Parks - Jaimie McIntyre

Parks (Outside) - Talvir Nijier

Police - Liz Stockdal

Diversity - Dakota Payer

Chief Job Steward - Danielle Fantille

Job Stewards

John Schellenberg

Terri Contoli

Pamela Hubbs

Mike Robinson

Eli Wiebe

Jennifer Steffen

Joel Morre

Gordon Klammer

Luke Tetrault

Chantel Bourdon

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#### We're on the web:

www.454.cupe.ca

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